 **My Daily Care Plan**

**My Name is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**My Parents names are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**My Nurse today is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**When my parent(s) come, they are able to:**

|  |  |  |
| --- | --- | --- |
| * Sing and read to me
 | * Give me a top and tail wash
 | * Measure and warm my milk
 |
| * Do my mouth care
 | * Give me a wrapped bath
 | * Breastfeed me
 |
| * Change my nappy
 | * Take my temperature
 | * Bottle feed me
 |
| * Take me out and hold me
 | * Check my tube pH
 | * Give me medications/vitamins
 |
| * Do skin to skin
 | * Hold my tube feed
 |  |

**![C:\Users\ok021\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\EV247243\Clock[1].gif]()**
**My parent(s) are coming in at** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**What matters to me …**

**I really like …**

**I find it hard …**

**I’m working on …**

|  |  |
| --- | --- |
|  |  |
|  |  |



**What matters to my family ….**

Download the App to support you to understand and track your babies journey

Type in “Integrated Family Delivered Care” to the Apple store or Android Google play and click download or Scan the QR code

**My next steps are ….**

